



# Flu Vaccinations

**In the coming months many companies will have to deal with the effects of flu in the workplace. Having employees absent due to flu creates extra strain on their colleagues by increasing their work loads and distracting them from their own tasks.**

It is a well known fact that flu is one of the major causes of illness within the workforce. A CBI Survey for absence and labour turn over found that around 170 Million days were lost to sickness absence in 2006. Nearly half of these were days were due to minor illnesses such as colds and flu

The flu vaccine is a preventative measure to help avoid catching flu. By offering your

employees flu vaccinations, you will be providing a low cost and valued employee benefit that also makes sound commercial sense by reducing your winter absenteeism rate.

We would organise for a nurse to come to your premise to administer the vaccination to the workforce. Full support literature and information will be provided for you and your employee. This will include promotional material so that you can maximise the employee take up rates.

Health Matters recognises that the loss of one or two people in a small to medium enterprise can have disastrous effect on productivity and staff morale. The introduction of a vaccination programme is an effective tool to help combat these issues.

The costing includes the nurses' time and the individual cost of the vaccination. The price for the vaccination varies depending on the number of employees.

Flu jabs can then be used as part of a dedicated employee wellness and wellbeing programme that can be organised by Health Matters. If you would like to have a discussion about how we can help you and your company then please contact our dedicated advisers via the free phone number provided.

**For more information please contact our team at Health Matters by email: [quotes@health-matters.co.uk](mailto:quotes@health-matters.co.uk) or telephone us on: 0800 988 0085**



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