



Do you do enough to support your employees?

Companies of all sizes are now offering employees an Employee Assistance Programme providing confidential health and general information, counselling and support assistance, advice on life coaching plus legal and financial advice.

As an employer you will be aware of your responsibility for the emotional well being of your staff and the recognition that a good work-life balance is necessary for your staff and your business.

An EAP provides round-the-clock access to wide ranging information services offering

practical assistance in such areas as elder and childcare, legal and financial information but also includes full telephone based counselling and support by a fully qualified counsellor.

You will probably have heard about the increased activity from the Health & Safety Executive in dealing with work-place stress and the dramatic increases in claims against employers for stress related illness. If you have an actively promoted EAP in place it will help prevent cases of work related stress reaching litigation and increase your success in court.

Stress: recognising it

As a business operator you have experience of an

employee's performance being influenced by issues such as divorce, money problems, legal issues, promotion or increased responsibility at work.

How much does an EAP cost?

- **Up to 10 Employees**
£300 pa in total
- **Up to 20 Employees**
£560 pa in total
- **Up to 30 Employees**
£780 pa in total

For more information on EAP please contact our team at Health Matters by email at:

**quotes@health-matters.co.uk
or telephone us on
0800 988 0085**

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Specialist Employee Health Benefits Intermediary

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