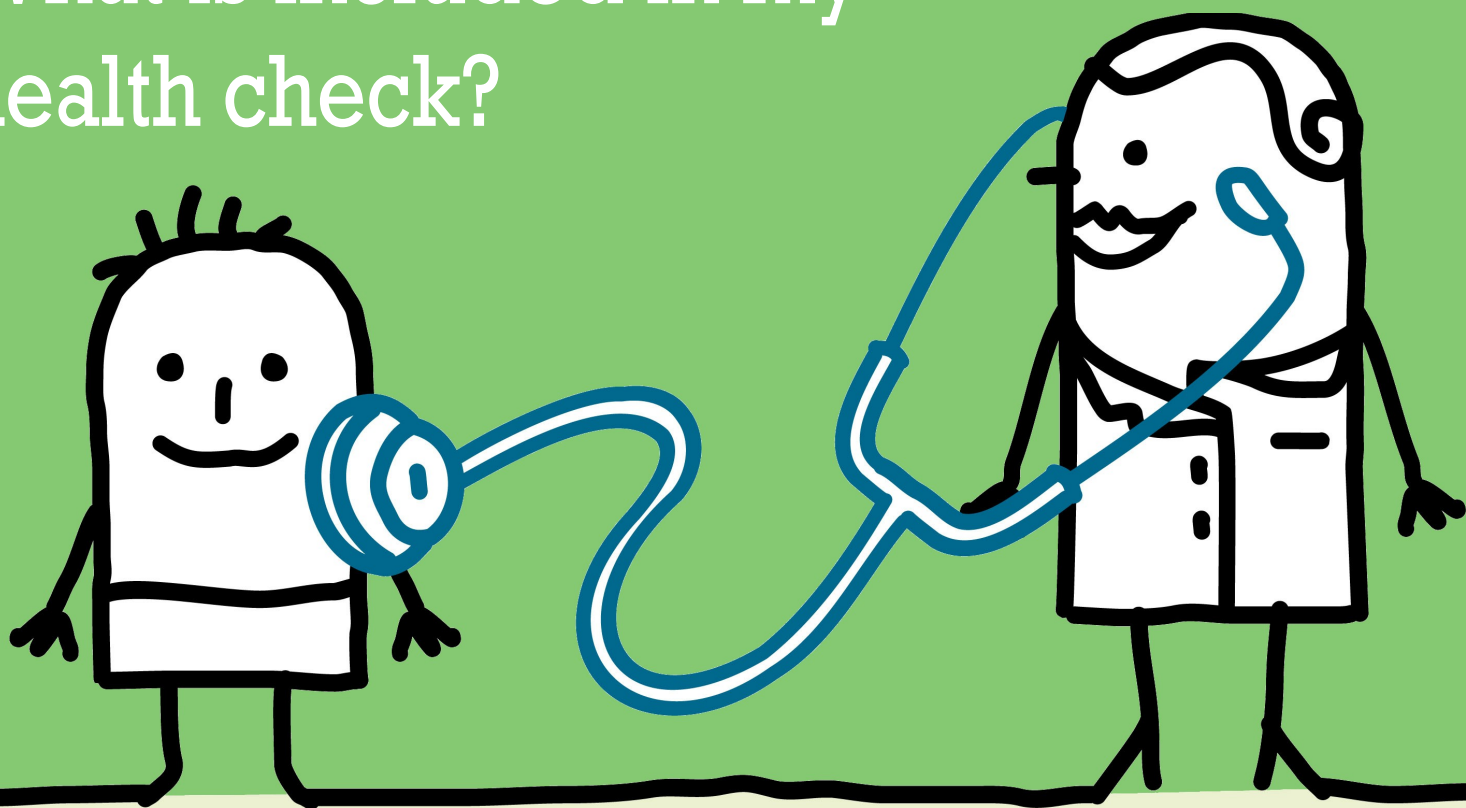


What is included in my health check?



GOLD PACKAGE £159 +VAT

45 minutes (including results) - *Out most popular screening choice. The core essential set of evidence based tests, designed to target all the main causes of common chronic sickness to keep you at the top of your game.*

The tests included within your package...

Cholesterol (break down of good Vs bad)

Cardiac Risk Assessment

Diabetes (Blood Glucose)

Haemoglobin (Anaemia)

Blood Pressure

PSA (Prostate check for men)

Lung Function

Thyroid

H-Pylori (A bacteria that causes stomach ulcers and often gets misdiagnosed as IBS)

Lifestyle Questionnaire

Action Plan

Online Booking and results

Full Body Composition Test:

- Muscle Mass
- Total body fat percentage
- Bone Mass
- Visceral Fat (Fat around your organs)
- Metabolic Rate
- Metabolic Age



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